



BRUNCH

Biscuits & Gravy +1 +2 +3

Our homemade sausage gravy over two fluffy buttermilk biscuits **6.95**

- +1 - scrambled eggs **1.00**
- +2 - scrambled eggs & melted cheddar **2.00**
- +3 - scrambled eggs & melted cheddar & home fries **3.00**

Scram-Bowls

Scram-bowls are served with 3 fluffy scrambled eggs, home fries & our homemade creamy gravy **8.95**

choice of:

- country ham & cheese scramble
- braised shredded beef
- seasonal grilled vegetable
- sweet Italian sausage & grilled Portobello
- chicken fajita

Benedict Bowls

Benedict Bowls are served with two poached eggs over English muffins with our herbed hollandaise sauce **8.95**

choice of:

- country ham
- sausage patties
- braised shredded beef
- grilled squash and zucchini
- apple wood smoked bacon
- lump crab meat and asparagus

Shrimp & Grits - Sautéed tiger shrimp tossed with bacon and sliced mushrooms over creamy, buttery grits **6.95**

Southwest Breakfast Wrap - Seasoned scrambled eggs, sautéed peppers and onions, our four cheese blend, cilantro, and black beans in a tomato basil wrap with home made pico de gallo and sour cream **7.45**

Bowled Breakfast Burger - 8 oz. grilled Black Angus burger topped with an over easy egg, apple wood smoked bacon & cheddar cheese **8.95**

BLT&E Sandwich - Apple wood smoked bacon, crispy lettuce, tomato and an over easy egg on Italian bread with your choice of garlic or pesto mayonnaise **6.95**


OMELETS

Make Your Own Omelet

Three eggs (choose American style with eggs over easy or French style with scrambled eggs) wrapped around your choice of 2 of the following items **7.75**, additional items **1.50**

- cheddar • parmesan • provolone • spinach • tomatoes
- sauteed green & red peppers • onion • asparagus
- apple wood smoked bacon • country ham
- Italian sausage • Portobello mushroom
- lump crab meat • seasonal grilled vegetable

Served with home fries and your choice of toast

 **American Omelet** - Three eggs cooked over easy omelet style with country ham & cheddar cheese over Italian toast served with home fries **8.95**


Greek-American Omelet - Three eggs cooked over easy omelet style with grilled chicken, tomatoes, spinach, artichoke, black olives & feta cheese **7.95**

CREPES

Grilled Chicken & Portobello Crepes - Our blend of seven cheeses with grilled chicken & Portobello mushrooms stuffed in our homemade crepes then baked in a roasted garlic cream sauce **8.95**

Greek Crepes - Grilled chicken with tomatoes, spinach, artichoke, black olives and feta cheese **8.95**

Caramelized Apple Crepes - Caramelized apple & black cherry with crème cheese ganache & whipped cream **6.50**

 **Sweet Strawberry Crepes** - Sweet seasonal strawberries tossed in chocolate port wine and fresh mint with chocolate ganache and whipped cream **8.95**

FRENCH TOAST

Blueberry Pecan - Blueberry-pecan French toast with warm maple syrup & honey-cinnamon whipped butter **7.95**

Peaches & Cream - Caramelized peaches over French toast with warm maple syrup & sweetened homemade whipped cream **7.95**

Ask your server for our selection of Mimosas and Bellinis



SALADS

Caprese Salad - Grape tomatoes, bocconcini mozzarella & fresh basil tossed with our house made balsamic vinaigrette over baby spring mix **8.50**
add grilled or breaded chicken breast **2.50**

Asian Grilled Chicken Salad - Seasoned grilled chicken with baby spring mix tossed with bean sprouts, snap peas, sesame seeds and avocado with a sesame-citrus dressing **8.95**

Greek Salad - Baby spring mix with spinach, artichokes, tomatoes, black olives and feta cheese tossed in a herbed vinaigrette **8.95**
add grilled chicken breast **2.50**

 **Char-Grilled Caesar** - Char-grilled romaine wedge with creamy lemon-garlic dressing, Parmesan tuille, roasted red peppers & herbed crostini **6.75**

Traditional Caesar - Crisp cut romaine hearts with creamy lemon-garlic dressing, herbed croutons & Parmesan cheese **6.50**
add grilled chicken breast **2.50**

WRAPS & SANDWICHES


Bowled Grilled Cheese - Our blend of four cheeses (cheddar, provolone, muenster, american) on griddled sour dough bread **6.50**, add tomato **1.00**, add bacon **1.50**

BLT&T Wrap - Smoked turkey breast, crispy bacon, lettuce & tomato with herbed mayonnaise **7.25**


Grilled Chicken Caesar Wrap - Grilled chicken, crisp romaine lettuce, Parmesan cheese, tomato, creamy lemon-garlic Caesar dressing **7.25**

Smoked Turkey & Cheddar Sandwich - Smoked turkey, white cheddar, basil-pesto mayonnaise, vine ripe tomato, spring mix, on rosemary foccaccia **7.25**


Bowled Burger - 8oz. Certified Angus beef, apple wood smoked bacon, grilled red sweet onions, and chipotle cheddar cheese sauce on toasted Kaiser bun **7.25**

 **Bowled Meatloaf Sandwich** - Traditional style with melted provolone, grilled red onions, roasted garlic mayonnaise, baby spring mix lettuce on rosemary foccaccia bread **7.25**

BOWLS

 **Cioppino Bowl** - Mussels, clams, baby gulf shrimp, calamari, mahi-mahi simmered in our light saffron tomato-fennel broth served over soft polenta, with roasted sweet corn & herbed crostini **9.95**

Asian Bowl - Soy & ginger glazed Asian vegetables over lime and coconut infused jasmine rice served with our orange-cashew shrimp **8.95**

 **Chicken Piccata Bowl** - Sautéed chicken breast with lemon, capers, tomato, basil & white wine butter sauce served over orzo pasta **7.95**

Penne Ala Vodka Bowl - Diced chicken breast tossed with penne pasta, fresh tomato, garlic, in a light tomato basil vodka cream sauce **8.50**

Vegan Bowl - Sautéed seasonal vegetables stewed in a rich vegetable-basil broth served over rice noodles **7.95**

SIDES

Apple wood Smoked Bacon **2.50**
Home Fries **2.00**
Seasonal Fresh Fruit: side **3.00**, plate **5.95**
Creamy Grits **2.50**, add Cheddar **.50**
Buttermilk Biscuit or English Muffin **1.50**
Toast: white, wheat, rye or Italian **1.50**
Cheese Fries or Sausage Gravy Fries **3.95**
French Fries: side **1.50**, full order **2.50**
Sweet Potato Chips: side **2.00**, full order **3.50**

BEVERAGES

Pepsi, Diet Pepsi, Dr. Pepper, Mountain Dew, Sierra Mist, Lemonade, Ice Tea **1.99**
Blueberry Lemonade **2.49**
Juices: Orange, Apple, or Tomato **2.49**
Coffee or Decaf **1.99**
Herbal Tea **2.49**

Ask your server for our selection of Mimosas and Bellinis

 **Try our Bowled signature dishes**

Gratuuity will be added to parties of 6 or more.

Notice: Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. But, man it's yummy!